



WHO DO WE CHOOSE TO BE IN THE AGE OF COLLAPSE?

A Strategic Framework

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SINK, SO AS TO RISE

There are circumstances that must shatter you;

And if you are not shattered, then you have not understood your circumstances.

In such circumstances, it is a failure for your heart not to break.

And it is pointless to put up a fight, for a fight will blind you to the opportunity that has been presented by your misfortune.

Do you wish to persevere pridefully in the old life?

Of course you do: the old life was a good life.

But it is no longer available to you. It has been carried away, irreversibly.

So there is only one thing to be done.

Transformation must be met with transformation.

Where there was the old life, let there be the new life.

Do not persevere.

Dignify the shock.

Sink, so as to rise.

Leon Wieseltier, from his book, *Kaddish*



The re-election of Donald Trump to the presidency presents an unprecedented crisis for American democracy. During his first tenure, the institutional guardrails of our nation's rule of law and constitutional freedoms held, though strained. Now, with those same guardrails weakened, the institutions that have guided this country for over two centuries are poised to fail, and may fail faster than we can predict. We must not underestimate what this moment requires of us.

All of these dynamics, including unleashed racism and misogyny, are exacerbated by one new factor that past civilizations have never had to confront: climate change. As global temperatures rise, ecosystems degrade, and extreme weather events increase, communities are pushed to their limits. Climate change adds a layer of urgency and complexity to our existing crises. Regardless of political leadership, we are facing a future shaped by climate instability. The election of Trump, however, accelerates that trajectory, as policies that ignore or exacerbate environmental damage bring us closer to irreversible ecological tipping points.

Historian Heather Cox Richardson writes, "Authoritarianism rises when democracy fails to deliver for the people." This moment was foreshadowed decades ago, dating back to the 1970s, when America shifted from policies that supported the common good to ones that prioritized the economic elite. Supply-side economics, promoted under Ronald Reagan, widened the gap between the "haves" and the "have-nots," shifting the nation's wealth dramatically to a small, powerful elite. Left behind were working- and middle-class people, who now find themselves working harder for less. Without economic opportunity or security, resentment has deepened among those who feel forgotten and marginalized.

Social anthropologist Margaret Wheatley's observations on social collapse resonate here. She warns, "In times of collapse, leaders increasingly withdraw resources from the many to protect the few." We're seeing this pattern as elites control resources, information, and influence, often deflecting the frustration of the struggling working class toward minority groups. Social media amplifies these narratives, converting fear into hatred and polarization, while elites offer themselves as the saviors from the very threats they have manufactured.¹

Peter Turchin's research² on social and political cycles offers a clear warning: periods of intense inequality, unrest, and elite overreach often lead to political disintegration and collapse. Turchin's work demonstrates that societies follow cycles of cooperation and fragmentation. When elites accumulate excessive power at the expense of the common good, systems begin to decay. Turchin argues that we are entering a period of "elite overproduction," where too many people at the top seek power, wealth, and control, creating instability that threatens the entire social structure. The election of Trump opens the floodgates of the wealthy to compete for control, at the sacrifice of the rest of us.

Yet, as history shows, we can choose how we ride out these challenging years ahead. We have agency, resilience, and the capacity for organized, meaningful resistance. One question is: what actions can we take that would make a difference? Here are seven critical steps:

¹ See this interview between Jon Stewart and Heather Cox Richardson. Richardson presents a MasterClass on the context of this moment; <https://www.youtube.com/watch?v=D7cKOaBdFWo>

² Turchin has written a number of books about the patterns of growth and collapse of civilizations and has one of the most robust data sets of the factors that lead to collapse. See his book *End Times: Elites, Counter-Elites and The Path of Political Disintegration* published in 2023 as a place to start.



1. STRENGTHEN OUR LOCAL COMMUNITIES

Wheatley’s work on leadership in uncertain times emphasizes the need for local resilience. “Whatever the problem, community is the answer,”¹ she asserts. As national institutions are strained, we must look to our neighborhoods, towns, and cities as sources of strength. Building cohesive, resilient communities is one of our best defenses against larger social disintegration.

Action Steps:

- Create small support groups within your congregation to discuss fears, share hopes, and envision a resilient future. Consider hosting book discussions, such as Brian McLaren’s *Life After Doom* or Robin Wall Kimmerer’s *Braiding Sweetgrass*, to foster resilience.
- Introduce Wheatley’s idea of Islands of Sanity and encourage people to start groups with friends and family.
- Organize community dialogues to discuss shared concerns and identify mutual support strategies.
- Form mutual aid networks to provide community members with essentials and assistance.
- Start community gardens, offer workshops on skills like gardening and first aid, and collaborate with local partners on resilience-building initiatives.
- Build alliances with local advocacy groups that provide services and protection for vulnerable populations, ensuring that they have immediate access to support within the community.

¹ To gain a fuller understand of Wheatley’s perspective on this moment in human history, read the second addition of her book *Who Do We Choose to Be?* published in 2023.



2. LEVERAGE LOCAL AND STATE GOVERNMENT TO SERVE ITS PEOPLE

While federal protections may be weakened, local and state governments often hold the power to implement policies that can protect the vulnerable. Faith communities can be instrumental in advocating for these protections and engaging actively in local governance.

Action Steps:

- Run for local office. Get to know your mayor. Show up at community meetings. In the words of Michelle Obama, “Do Something!”¹
- Work with local representatives to support laws that uphold civil rights and human dignity, particularly protections for reproductive health, LGBTQ rights, and anti-racism measures. These will be context-specific. Track and study what other areas are doing.
- Vote in local elections and volunteer for campaigns that prioritize transparency and community welfare.
- Advocate for state-level policies that resist authoritarian trends, including protections for civil rights, education, and environmental stewardship.
- Push for state legislation that expands healthcare access, including reproductive care, as we know that federal protections will continue to be reduced.
- Advocate for sanctuary city policies that protect immigrant communities from unjust deportation.
- Explore becoming a “Safe Sanctuary” congregation.²
- Volunteer with organizations that provide legal assistance to vulnerable groups, such as reproductive rights groups, LGBTQ advocacy groups, and immigrant support networks.

¹ The folks at Vote Common Good are wonderful resources to learn more about progressive politics and engagement from a progressive faith perspective. You can also check out Faith in Public Life, a DC-based advocacy organization.

² To learn more about becoming a safe sanctuary, explore this information from [Immigrationhelp.org](https://immigrationhelp.org).



3. SUPPORT INDEPENDENT JOURNALISM AND CIVIC EDUCATION

A free press and an informed citizenry are fundamental to democracy. In times of collapse, media often becomes either a tool of the elite or a lifeline for truth and accountability. Wheatley and Turchin's work reminds us that disintegration occurs more readily in a society where misinformation runs rampant, and citizens lose trust in their sources of information. I would argue this is our greatest vulnerability now and going forward. When corporations with agendas own our communication tools, we are victims of their desires.

Action Steps:

- Encourage support for independent media outlets, such as ProPublica, Democracy Now!, and YES! Media, that provide transparent and truthful reporting on social issues.
- Host workshops on media literacy,¹ teaching congregants to recognize misinformation and evaluate sources critically.
- Follow reputable media outlets outside of the United States as our media will become less reliable as they will have less access to accurate information.
- Foster interfaith dialogues where congregants can discuss current events, share diverse perspectives, and build an understanding of one another's values and struggles.
- Educate yourself and others on media literacy, including how to identify misinformation and disinformation.
- Create or join discussion groups on democracy, history, and current events to foster informed, critical thinking in your community.
- Amplify voices and stories from vulnerable communities, particularly on social media, to raise awareness and solidarity.

¹ Listen to this TED presentation by Assiata Ayinla about the importance of teaching media literacy skills: <https://www.youtube.com/watch?v=g3vbdEgSTVk>.



4. PREPARE FOR CIVIL RESISTANCE AND DEMOCRATIC RESILIENCE

Collapse invites an environment where resilience is paramount. When centralized power becomes more repressive, nonviolent resistance may be necessary to uphold democratic principles. This isn't about inciting unrest but about cultivating a firm and peaceful commitment to justice, equality, and community.

Action Steps:

- Organize training sessions on nonviolent resistance, drawing on historical examples from the Civil Rights Movement and modern-day advocates for justice.
- Form rapid-response networks within the congregation to provide immediate support to those facing legal challenges, discrimination, or deportation threats.
- Partner with civil rights organizations and local activists, collaborating to amplify efforts toward justice and community well-being.
- Protect and prepare safe gathering spaces, plan peaceful protests, and ensure communication channels to organize efforts in support of democratic norms.



5. STAND FIRM FOR SOCIAL JUSTICE AND VULNERABLE POPULATIONS

Now, more than ever, vulnerable communities—including women needing reproductive care, LGBTQ individuals, and Black and Brown populations—need protection and advocacy. Faith communities can play a critical role in providing sanctuary, support, and allyship for those targeted by unjust policies and social discrimination.

Action Steps:

- Host anti-racism and anti-bias trainings for your congregation to build awareness and a commitment to inclusivity.
- Encourage community members to vote in local elections and support candidates who prioritize civil rights, environmental stewardship, and community welfare.
- Advocate for sanctuary city policies that offer legal protections to immigrants and support local legislation to expand healthcare access, particularly reproductive and mental health services.
- Show up at community meetings and local government hearings to stand visibly for justice and equity, offering a moral voice in critical local decisions.
- Support Black and Brown communities by organizing neighborhood safety networks and advocacy groups that can help prevent and respond to incidents of hate crimes or harassment.



6. CULTIVATE PERSONAL RESILIENCE AND A COMMITMENT TO GENEROSITY, CREATIVITY, AND KINDNESS

The demands of this era challenge each of us to deepen our personal resilience. Building inner strength allows us to show up generously, creatively, and kindly for others—even in difficult environments like corporate workplaces or businesses where differing views can test our patience and empathy.

Action Steps:

- Establish daily spiritual practices, such as meditation, prayer, or journaling, to ground yourself and foster inner peace.
- Set intentions each day to act with kindness and generosity—look for small ways to support, encourage, and uplift others.
- Embrace creativity as a way to manage stress and inspire others. Engage in creative practices like art, music, writing, or gardening that nurture your spirit and allow you to approach challenges with fresh perspectives and openness.
- Practice compassion and active listening with those who hold different views, especially in workplace settings. Rather than avoiding difficult conversations, seek to understand others' perspectives. Set boundaries when needed but hold space for dialogue that fosters connection over division.
- Join or create a support group within your community focused on resilience-building. Sharing your experiences, frustrations, and successes with others on a similar journey can provide encouragement, solidarity, and practical advice.



7. EMBRACE CLIMATE ACTION AND ENVIRONMENTAL REGENERATION

Climate change is a profound moral issue that affects the poor and marginalized most acutely. The next administration will set the world back in facing the challenges of climate change. Our faith compels us to act as lovers of the Earth, advocating for policies that protect the environment, educating our communities on regeneration, and practicing Earth-care in our home, neighborhood, and region.

Action Steps:

- Launch climate education initiatives in your faith community, emphasizing the importance of regenerative living and the moral responsibility to care for creation.
- Invite your congregation to set an example by launching an environmental review leading to a long-term improvement plan, where you develop an action plan for your facilities, and where you invite individuals to do the same for their homes. (Eco America and Blessed Tomorrow, along with Interfaith Power and Light and Greenfaith, can offer helpful resources in this regard.)
- Learn and educate about your watershed and bio-region, and advocate for environmental protections at the local and state level, supporting policies that mitigate climate impact, particularly on vulnerable communities.
- Create venues to celebrate creation's beauty and to grieve what is being lost and plundered.



HISTORY IS MADE BY PEOPLE WHO TAKE A STAND, EVEN WHEN THE ODDS ARE AGAINST THEM.

HEATHER COX RICHARDSON

The future will indeed be turbulent, but it is within these storms that our faith, resilience, and commitment to one another matter most. Heather Cox Richardson reminds us, **“History is made by people who take a stand, even when the odds are against them.”** In times of crisis, when uncertainty threatens to overshadow hope, it is those who remain steadfast—those who act with courage and conviction—who help shape a future grounded in justice, compassion, and human dignity.

Communities, when unified by a shared purpose, have the strength to withstand adversity and become islands of resilience. By preparing ourselves and building strong, compassionate networks, we can protect and support one another, creating sanctuaries of stability amidst larger upheavals.

Now, we must choose to act. Each of us, as individuals and as members of faith communities, has a role to play. We have the tools to resist the forces that threaten democracy and unity—the wisdom of our faith traditions, the strength of our collective values, and the power of community action. But to harness these gifts, we must commit to being unwavering advocates for justice, truth, and compassion. We must be willing to reach across differences, lift up the vulnerable, and engage courageously in the work that lies ahead.

Let this be the moment we rise to meet the call of our times. Together, we can stand for democracy, for dignity, and for the rights and well-being of all people. As we draw on the full strength of our communities, let us move forward with faith, courage, and a deep commitment to justice. By choosing to act with integrity and resolve, we can light the way for a future where democracy thrives, compassion prevails, and our shared humanity is honored.



APPENDIX A:

ISLANDS OF SANITY

The perfect storm is here, created by the coalescence of climate and human-created catastrophes. As leaders dedicated to serving the causes and people we treasure, confronted by this unrelenting tsunami, what are we to do? Wheatley states her answer to this also with full confidence:

“We need to restore sanity by awakening the human spirit. We can achieve this only if we undertake the most challenging and meaningful work of our leader lives: Creating Islands of Sanity.”

Margaret Wheatley’s concept of “Islands of Sanity” offers a powerful metaphor and framework for creating grounded, resilient communities in chaotic times. Wheatley describes these islands as small, intentional spaces where people come together to reclaim values of trust, compassion, and cooperation. Islands of Sanity are formed by groups of committed individuals who share a dedication to meaningful relationships and a sense of purpose, fostering stability, community, and sanity amidst widespread uncertainty and breakdown.

In [Who Do We Choose to Be?](#), Wheatley explains that these islands are not passive refuges; rather, they are active communities that choose to operate outside the dominant patterns of competition, division, and fear that often characterize larger social systems. On these islands, people work together to uphold principles of kindness, inclusion, and shared responsibility, creating a sense of sanctuary that nurtures well-being and hope.

To form an Island of Sanity, Wheatley suggests that people begin by finding others who share their values and vision for a life centered on what matters most. These groups establish bonds based on trust and commitment rather than convenience or personal gain. She advocates for creating intentional practices—such as regular gatherings, honest dialogues, and mutual support structures—that reinforce this sense of belonging and shared responsibility. While small in scale, these islands serve as models of resilience and compassion, offering a grounding influence to their communities and sparking possibilities for broader change.

Through Islands of Sanity, Wheatley reminds us that even in times of political or societal collapse, small groups can choose to embody the values they want to see in the world, proving that sanity and stability are possible—even in the midst of deep uncertainty.

Should you wish to host a group, I recommend starting with Brian McLaren’s book, [Life After Doom](#) as a point of discussion. He offers a number of resources and a suggested flow for group gatherings.



APPENDIX B:

PATHWAYS FOR CONGREGATIONS

In the face of societal and political turbulence, congregations can play vital roles in fostering justice, resilience, and community connection. Below are four pathways or streams that congregations might consider, each providing a unique approach to meeting the needs of this era. Congregations may focus on one stream or blend elements of multiple streams, depending on their community's strengths and values.

1. The Activist Congregation

Congregations that feel called to be active advocates for justice and democracy may choose this path, focusing their energies on defending vulnerable populations, supporting civic institutions, and combating policies that threaten democratic principles. This stream embraces activism as an expression of faith, working directly to address and reform social injustices.

Key Actions:

- **Advocate for Vulnerable Populations:** Organize efforts to support marginalized groups, including immigrants, LGBTQ individuals, people of color, and those needing reproductive healthcare. Form advocacy teams within the congregation to support legal and policy work on behalf of these communities.
- **Defend Civic Institutions:** Encourage congregants to participate in local government, voting initiatives, and civic programs that strengthen democracy. Hold workshops on how to engage with civic processes and advocate for policies that uphold human rights
- **Promote Anti-Authoritarian Policies:** Mobilize the congregation to support and promote policies that defend democratic institutions and protect against authoritarianism. Host public forums or speaker events that educate the community on these issues.

This pathway invites congregations to become voices for justice, compassion, and democratic integrity, standing with those whose rights and freedoms are under threat.



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2. The Safe Space Congregation

A congregation can serve as a sanctuary—a safe, welcoming space for individuals who feel marginalized or threatened. This pathway focuses on offering refuge, compassion, and support to people in need, creating an environment where vulnerability is met with care and understanding.

Key Actions:

- **Create a Safe Environment:** Make the congregation a safe, affirming space for people from all backgrounds, especially those who may feel threatened or excluded in wider society. Train leaders and volunteers in trauma-informed care, cultural sensitivity, and anti-bias practices.
- **Offer Direct Support Services:** Partner with local organizations to provide essential resources for vulnerable populations, such as mental health support, legal aid, housing assistance, and healthcare referrals.
- **Build a Sanctuary Network:** Collaborate with other local congregations and organizations to establish a network of safe spaces, ensuring that vulnerable individuals always have a place of refuge in the community.

This pathway allows congregations to be a living expression of compassion, embodying the belief that everyone deserves dignity, safety, and a sense of belonging.



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3. The Connector Congregation

This pathway focuses on weaving the relational fabric of local communities, building trusted relationships and fostering a strong sense of connection and mutual support. Congregations following this stream are dedicated to bridging divides, creating partnerships, and nurturing the well-being of their neighborhoods.

Key Actions:

- **Foster Community Relationships:** Host events, workshops, and gatherings that bring together diverse groups within the community. Build alliances with neighborhood organizations, schools, and local businesses to create a web of support and shared resources.
- **Launch Mutual Aid Networks:** Establish systems within the congregation where members can offer and receive assistance, creating a sustainable support network. Organize skill-sharing workshops, food distribution events, and collaborative projects that bring people together.
- **Promote Inclusivity and Connection:** Encourage congregants to actively engage in local initiatives that address pressing community needs, such as housing security, food access, and environmental stewardship.

By cultivating connections and building trusted relationships, congregations following this path strengthen the bonds of community, creating a more resilient and interconnected local fabric.



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4. The Positive, Alternative Futures Congregation

This pathway encourages congregations to be places of imagination, storytelling, and visioning, offering an alternative to the fear-based narratives often found in society. As storytellers, teachers, and elders, congregations that follow this stream focus on inspiring people to envision and work toward a world rooted in compassion, justice, and sustainability.

Key Actions:

- **Create Spaces for Storytelling and Visioning:** Host gatherings where congregants and community members can share their hopes, dreams, and visions for a better world. Emphasize stories that uplift resilience, love, and the power of human connection.
- **Celebrate and Teach Alternative Values:** Offer classes, lectures, and workshops that explore values such as nonviolence, ecological sustainability, simplicity, and interfaith respect. Invite thought leaders and cultural creatives to engage with the congregation.
- **Empower Artists, Elders, and Culture-Builders:** Encourage creative expression and wisdom-sharing within the congregation. Provide platforms for artists, writers, musicians, and elders to contribute their voices, helping to inspire others and illuminate new paths forward.

This pathway allows congregations to act as beacons of hope and creativity, inviting others to envision and participate in building a better, more just, and compassionate world.

Each of these pathways offers a unique way for congregations to respond to the needs of our time. By discerning where their energy and resources can be best utilized, congregations can become powerful agents of change and resilience, embodying faith in action and helping to create a future marked by justice, compassion, and community strength.

INDEPENDENT MEDIA

Here are several reputable independent media outlets that focus on thorough investigative reporting, in-depth analysis, and diverse perspectives. Supporting these outlets can help ensure access to credible information, especially on critical issues affecting democracy:

ProPublica – Known for its investigative journalism, ProPublica focuses on exposing abuses of power and works to hold institutions and leaders accountable.

The Center for Investigative Reporting (Reveal) – With a focus on social justice, public health, and other critical issues, Reveal produces investigative stories that emphasize transparency and accountability.

The Intercept – Covering a wide range of topics, including government and corporate malfeasance, The Intercept offers investigative reporting and analysis with a focus on exposing corruption and abuse.

YES! Media – A nonprofit, independent publisher of solutions journalism, YES! Media focuses on rigorous reporting of positive community responses to social issues, aiming to inspire a more just, sustainable, and compassionate world.

Mother Jones – A nonprofit newsroom that emphasizes investigative journalism on political and social justice issues, Mother Jones also covers environmental and economic topics.

Democracy Now! – A daily independent news program hosted by Amy Goodman and Juan González, Democracy Now! provides diverse perspectives often overlooked by mainstream media.

The Nation – As one of the longest-running publications in the U.S., The Nation focuses on progressive issues, advocating for social and economic justice, human rights, and anti-corruption.

The American Prospect – This publication focuses on democracy, economic justice, and policy analysis, providing in-depth reporting on government, politics, and society.

The Atlantic – Known for its quality reporting and analysis, The Atlantic covers U.S. and international politics, culture, and the economy, often providing context for complex issues.

Jacobin – A quarterly magazine with a strong emphasis on politics, economics, and social movements, Jacobin offers perspectives often not found in mainstream outlets.

NPR (National Public Radio) – Though not entirely independent, NPR provides extensive coverage with a commitment to public interest journalism, offering reliable reporting across a wide range of topics.



APPENDIX D:

RECOMMENDED READING AND RESOURCES

Books

“Life After Doom” by Brian McLaren – McLaren’s recent work addresses finding meaning, purpose, and hope in an era marked by environmental and societal crises, providing a roadmap for “post-doom” spirituality.

“Who Do We Choose to Be? Facing Reality, Claiming Leadership, Restoring Sanity” by Margaret J. Wheatley – Wheatley explores the role of leadership in chaotic times and introduces the concept of “Islands of Sanity,” communities grounded in values of compassion and cooperation.

“End Times: Elites, Counter-Elites, and the Path of Political Disintegration” by Peter Turchin – Turchin uses historical data to analyze cycles of political disintegration and elite overproduction, shedding light on the patterns that precede social collapse and offering insights for navigating the turbulent political era we face today.

“Active Hope: How to Face the Mess We’re in with Unexpected Resilience & Creative Power” by Joanna Macy and Chris Johnstone – This book offers strategies for building resilience and responding to global crises with a spirit of hope and constructive action.

“On Tyranny: Twenty Lessons from the Twentieth Century” by Timothy Snyder - This book offers a conscience summary of how nations fall to authoritarianism.

“The Great Derangement: Climate Change and the Unthinkable” by Amitav Ghosh – Ghosh examines how modern culture has failed to adequately respond to the climate crisis and offers insights into how we might change our narratives to face the future.

“Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants” by Robin Wall Kimmerer – Kimmerer blends Indigenous wisdom and scientific knowledge to explore our relationship with nature, encouraging a mindset of stewardship and respect.

“The Collapse of Complex Societies” by Joseph A. Tainter – This classic work provides an in-depth look at how and why societies collapse, offering valuable insights into resilience and adaptation.

“The Upswing: How America Came Together a Century Ago and How We Can Do It Again” by Robert D. Putnam and Shaylyn Romney Garrett – This book explores past cycles of cooperation in American society and offers ideas for fostering unity and resilience today.



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Websites

[Letters from an American by Heather Cox Richardson](#)—Richardson, a historian, provides daily analysis on American political and social developments, blending historical context with current events. Her posts are accessible and engaging, offering readers valuable insights into how history informs present-day challenges.

[The Bulwark](#) - The Bulwark was founded in 2019 by Sarah Longwell, Charlie Sykes, and Bill Kristol. The Bulwark was founded to provide analysis and reporting in defense of America’s liberal democracy.

[ProPublica](#) – Known for its investigative journalism, ProPublica offers in-depth reporting on topics such as climate change, economic justice, and social accountability, with stories that address both systemic challenges and community solutions.

[Postdoom.com](#) – Curated by Michael Dowd, this site offers resources for navigating the “post-doom” mindset, with articles, interviews, and reflections on embracing resilience, acceptance, and community in a time of ecological and societal breakdown.

[Yes! Media](#) – YES! focuses on solutions journalism, with articles and resources on sustainable living, social justice, and community resilience.

[Center for Action and Contemplation](#) – Founded by Richard Rohr, the CAC provides resources on spirituality, contemplation, and transformative practices, with content that often intersects with social and ecological justice. I would also invite you to subscribe to my daily meditation at Piloting Faith.

[The Center for Investigative Reporting \(Reveal\)](#) – This nonprofit newsroom produces investigations that highlight social and environmental issues, exposing abuses of power and spotlighting individuals and organizations working for positive change.

[Resilience.org](#) – This site provides resources, articles, and tools focused on building resilient communities, covering everything from ecological sustainability to local economic models.



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Podcasts

Breaking Down: Collapse – This podcast delves into the complexities of societal collapse, exploring the underlying forces that lead to breakdowns in economic, environmental, and social systems. It provides insights and discussions on how individuals and communities can prepare for and navigate collapse.

Learning How to See - This is a thought-provoking podcast hosted by Brian McLaren, alongside spiritual teacher Rev. Jacqui Lewis and contemplative activist Richard Rohr. This podcast invites listeners into a journey of exploring how we perceive the world and the unconscious biases that shape our thoughts and actions.

The Post-Doom Podcast – Hosted by Michael Dowd, this podcast features conversations with thought leaders, authors, and activists on navigating the “post-doom” landscape. Topics include resilience, ecological grief, and finding purpose in an uncertain world. Michael has passed away so new episodes are not being produced. But the library of recordings is well-worth exploring.

On Being with Krista Tippett – This podcast brings together theologians, scientists, and activists to explore questions of meaning, spirituality, and resilience. Many episodes focus on how to live with purpose in times of crisis.

Emergence Magazine Podcast – Featuring interviews, stories, and reflections, Emergence Magazine focuses on the intersection of ecology, culture, and spirituality, offering insights on how we can respond to the environmental and social challenges of our time.

Resilience Matters – This podcast provides stories and interviews with leaders working on resilience initiatives worldwide. Topics range from climate resilience and local governance to community empowerment.

The End of the World with Josh Clark – Although a bit lighter in tone, this podcast series explores existential risks, including climate change, societal collapse, and technological threats, with a focus on understanding what we can do to mitigate them.

Future Perfect by Vox – This podcast covers issues around technology, governance, and social challenges, with a focus on exploring possible futures and solutions to pressing global problems.

For the Wild – Hosted by Ayana Young, this podcast features conversations with thinkers, activists, and scientists on ecological and social justice, community, and the ethics of resilience and restoration.

